



Curriculum Vitae

Name: Ivan Kolev, DVM

Contact info.: ivan.kolev.ie@gmail.com, 0858380169

About me: I began my practice in 1999 at “Traditional Chinese Martial Arts Club – WuDang”, Bulgaria. In my first years I was interested to discover the variety of the Traditional Chinese Martial Arts Systems and I was visiting classes for Tai Chi Chuan – Yang style; Tai Chi Chuan – Cheng style; Xing Yi Chuan; Ba Gua Zhang; Tui Shou; Chin Na; San Da. I was fascinated by the Culture, Moral Code, Health Benefits and the Martial Applications of those Arts. With the years passed I decided to study closely the Yang Family Tai Chi Chuan as one of the most popular Martial Arts in the world and extremely powerful Health Promoting System.

For the last 15 years I have been practising with my teacher Tihomir Todorov (Yang Yaheng), Marketing Director of the IYFTCCA and disciple of Grand Master Yang Jun. I also had the opportunity to practise and learn from leading experts in Chinese martial arts from Europe, America and China like:

- Dr Doriyan Aleksandrov, Bulgaria - expert in Tai Chi Chuan, Xing Yi Chuan and Ba Guar Zhang;
- Andrean Karavastev, USA - expert in Yang style Tai Chi Chuan and Xing Yi Chuan;
- Prof Li Chiao Lin, China - expert in Traditional Xing Yi Chuan, Sports Kung Fu and Head of the Judges Committee of China;
- Dr Jean Mark Gering, Switzerland – Head of the Yang Chen Fu Center in Switzerland, expert in Yang Family Tai Chi Chuan, Disciple of Grand Masters Yang Chen Duo and Yang Jun;
- Master Claudio Mingarini, Italy - National Coordinator and Technical Director for the IYFTCCA teachers training department in Italy, Disciple of Grand Master Yang Jun;
- Grand Master Yang Jun - 6th generation descendent and 5th generation lineage holder from the Yang Family Tia Chi Chuan, President of the International Yang Family Tai Chi Chuan Association.

- In 2005, in Bulgaria, I passed the exam for 1st rank instructor in the Bulgarian Wu Shu Federation and started leading beginners classes and children groups.
- In 2011, in Italy, I passed the exam for 1st rank, Copper Eagle, in the International Yang Family Tai Chi Chuan Association. I became the second instructor of the Affiliated School of the IYFTCCA in Bulgaria and Main Assistant of the Head of the school, Master Yang Yaheng.
- In 2013, on my initiative, the Affiliated School of the IYFTCCA Bulgaria started a fruitful relationship with Confucius Institute, University of Veliko Turnovo, Bulgaria. Later on this year I started teaching Yang Family Tai Chi class in the University of Veliko Turnovo. In the next year the group advanced and in 2014 I was teaching advanced and beginners classes. The relationship between our organisations evolved and in 2015 we were the first in the world to start international Masters program for Yang Family Tai Chi Chuan at the University of Veliko Turnovo.
- Later on in 2015 I moved to Ireland, to be the representative of the IYFTCCA and to open Yang Family Tai Chi School here.

Championships and Sports Events:

- Golden and Silver medals from the 3th International Tai Chu Chuan Exchange Competition, Jiaozuo, China, 2005;
- Participant in the National Team of Bulgaria on the 13th World Kung Fu Wu Shu Championship, Perugia, Italy, 2005;
- First place in Tai Chi Chuan General category, First place in Tai Chi Chuan Yang Style and First place in Tui Shou on the Third personal and team state Championship of the Bulgarian Wu Shu Federation, Bulgaria, 2004;
- First place in Traditional Tai Chi Chuan Yang Style category, Second place in sports Yang style Tai Chi Chuan and Third place in Xing Yi Chuan on the Bulgarian Wu Shu Federation Championship, 2003;
- First place in Xing Yi Chuan and Third place in Tai Chi Chuan general category on the Second personal and team state Championship of the Bulgarian Wu Shu Federation, Bulgaria, 2003;
- First place in Tai Chi Chuan Yang style and Third place in Tai Chi Chuan Chen style on the 8th National Championship of the Bulgarian Wu Shu Federation, 2001.

In addition to the experience gained with the years of practice my medical education helped me to be a better teacher by understand the intimate aspects of Tai Chi. How it works in the human body and why practising it is so good for the once health.

In my professional career I have worked as a Veterinarian, Trade Representative for Pfizer and Project Manager in Clinical Research Organisation. Being on such responsible positions in my work helped me to develop my communication and leadership skills which are extremely valuable when working with people.

